



# Getting into Shape



- 1. You are unique and God created you that way. So he must have a purpose for you.**
- 2. If God so created you and me then what gifts has he given us to fulfil that purpose.**
- 3. Today's issue is about motivation; Discovering the God given ideas of my heart.**

# **JOB CENTRED APPROACH**

**Lesson Reader**



**Refreshments**

**Cleaner**



**Preacher**



**Worship Leader**

**Children's work helper**

**Church Warden**



# GIFT / TALENT FOCUSED APPROACH



**Compassionate Carer**



**Organiser**



**Helper / supporter**



**Sporty**



**Clear thinker**



**Musician**



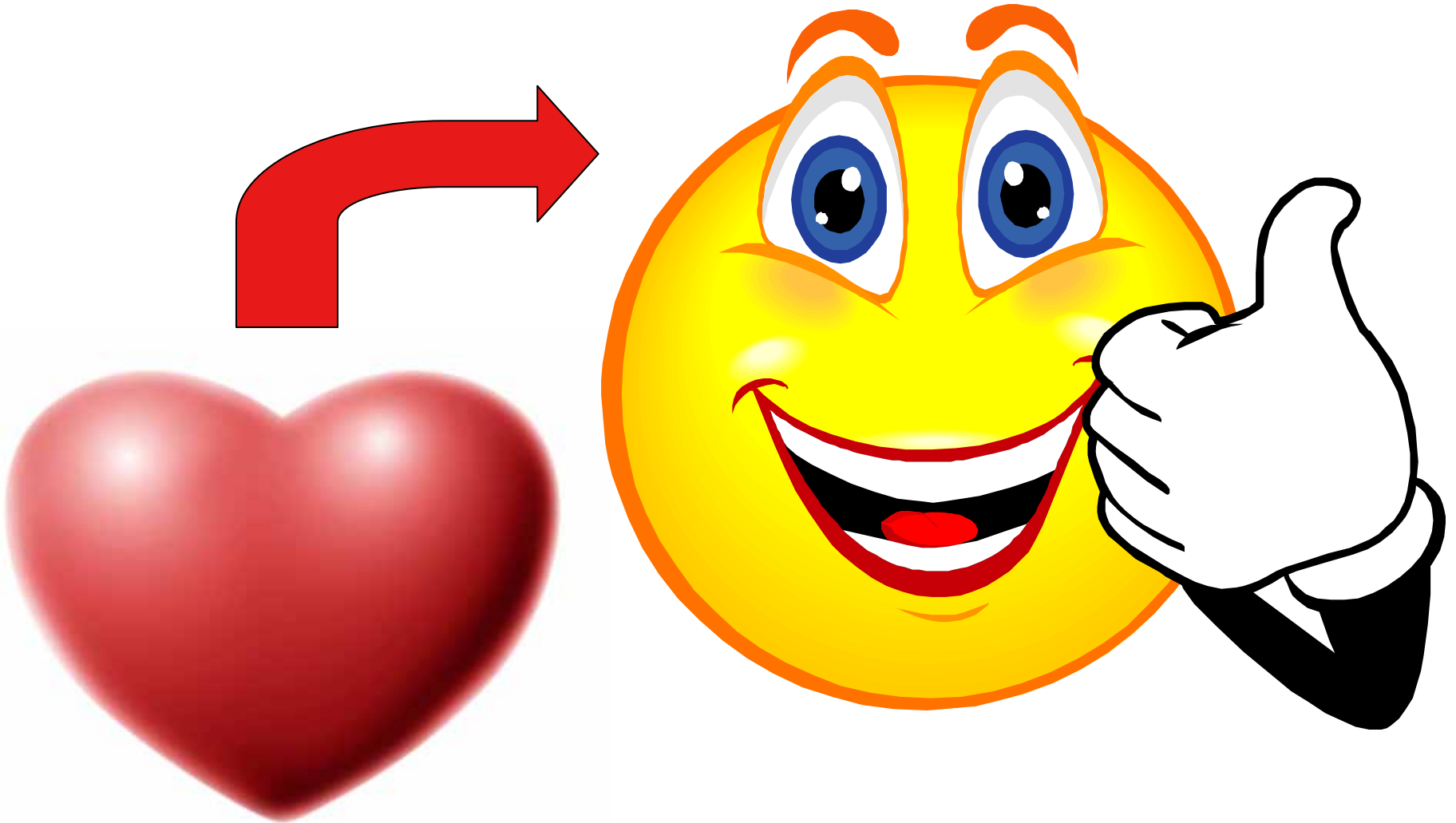
**Cook**

# The Emotional Heart Beat

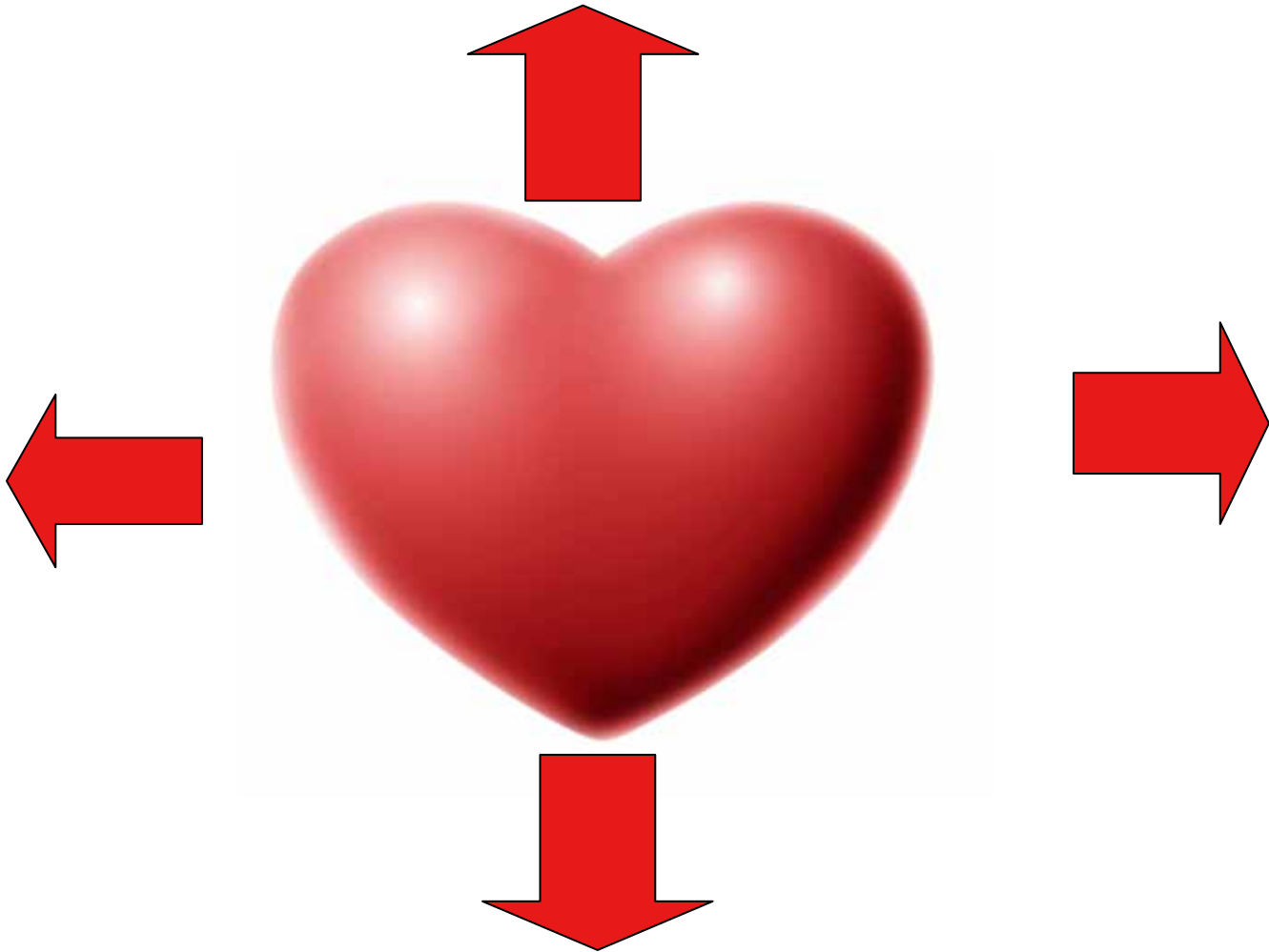
‘Delight yourself in  
the Lord and he  
will give you the  
desires of your  
heart’ (Psalm  
37:4)



# The Emotional Heart Beat Engaging the Mind

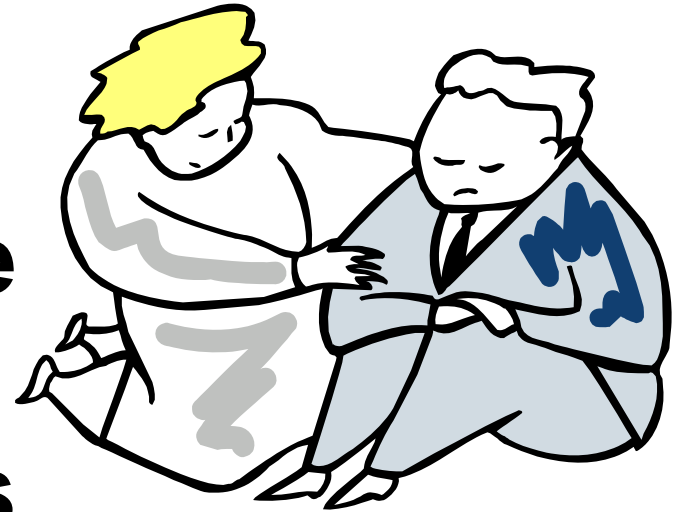


# What are my Heart's Desires?



# What Experiences Have I Had?

- **‘God of all comfort, who comforts us in our troubles, so that we can comfort those in trouble with the comfort we ourselves have received.’ (1 Cor 1:4)**



# **A New Point of Departure**

- **Kay Warren's Story.**

Show clip from DVD here.

# Kay's Turn around

- Denial

-  Disturbed

-  Determined

# Heart Engaging Mind and Moving into Action

- Who am I most likely to influence for God? **[Define your target group]**
- In what ways would I like to serve? **[What needs would you enjoy meeting]**
- Where would I find help? **[Does the church need to own it or not?]**

# **‘It is *All* about Prayer’**

- **First, they defined a group of people with specific needs.**
- **Second, they found people who were passionate about meeting those needs.**
- **Third, they made sure they had the resources to meet those needs.**
- **So was it really *all* about prayer?**